



COMMONWEALTH of VIRGINIA

Department for the Aging

Julie Christopher, Commissioner

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Note: The web addresses (links) in this document may change over time. The Department for the Aging does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

COMMONWEALTH of VIRGINIA
Department for the Aging
Julie Christopher, Commissioner

MEMORANDUM

TO: Directors,
Area Agencies on Aging

FROM: Bill Peterson

DATE: February 27, 2007

SUBJECT: Older Americans Month: Theme and Activities

The Administration on Aging has announced the theme for Older Americans Month as *Older Americans: Making Choices for a Healthier Future*. You will need to monitor the AoA website (<http://www.aoa.gov/>) for additional information and guidance documents regarding this theme (note: as of today, they still have the materials from Older Americans Month 2006 posted).

As you plan your local activities around Older Americans Month, please send the details to me and I will be sure they are posted on the VDA web page under the topic of Older Virginians Month – 2007. We will also work with the Governor's Office to have a proclamation signed declaring May 2007 as Older Virginians Month. As soon as a signed copy of the proclamation is available, we will send you a copy.

Thanks for working with us.

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Department for the Aging
Julie Christopher, Commissioner

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Ellen M. Nau, Human Services Program Coordinator

DATE: February 27, 2007

SUBJECT: Virginia Caregiver Coalition

National Alliance for Caregivers – First National Conference for Caregiver Coalitions

On Tuesday, February 20, 2007 VDA Human Services Program Coordinator, Ellen Nau received word that the Virginia Caregiver Coalition (VCC) facilitated by VDA has received an award from the National Alliance for Caregivers (NAC). The award will pay for travel expenses for the facilitator to attend the first National Conference for Caregiver Coalitions on March 5 in Chicago Illinois. At the conference, 20 representatives from caregiving coalitions, selected in a national award process, will share best practices, learn advocacy techniques for family caregivers, develop strategies for long-term coalition sustainability, create community outreach messages and learn about caregiver awareness day activities. A series of three webcasts or telephone conferences held from April through June will educate **all** VCC members in the use of the NAC *Caregiver Coalition Advocacy Guide*. A fourth session in July will help coalition members plan November Caregiver Awareness Days. A \$1000 stipend from NAC will aid the VCC in Caregiver Awareness Days efforts. Further, VCC will receive \$500 to help identify and survey a small sample of caregivers as part of a project evaluation. The application for the training was written by the coalition's facilitator.

The next meeting of the Virginia Caregiver Coalition will be held on Thursday, March 29, 2007 at 9:30 A. M. All Area Agencies on Aging are welcome to join the coalition. For further information, please contact Ellen Nau at 804-662-9340 or ellen.nau@vda.virginia.gov.

COMMONWEALTH of VIRGINIA
Department for the Aging
Julie Christopher, Commissioner

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

AND: Nutrition Directors
Disease Prevention and Health Promotion Coordinators

FROM: Elaine S. Smith, MS, RD
Program Coordinator

DATE: February 27, 2007

SUBJECT: Healthy People Funding Opportunity—Proposal Deadline March 30, 2007

Following is the announcement of a funding opportunity of possible interest to AAAs or your local partner organizations. <http://www.osophs.dhhs.gov/ophs/HealthyPeople/>

The Department of Health and Human Services (HHS) Office of Public Health and Science, Office of Disease Prevention and Health Promotion and the Regional Health Administrators are requesting proposals from small, community-based groups to evaluate a unique set of healthy lifestyles activities conducted in local settings in support of the President's [HealthierUS initiative](#).

Proposal Deadline: March 30, 2007 (by 5:00pm MST, Postmarks not accepted)

Purpose: To evaluate activities in local communities across the [HHS regions](#) that support and promote healthy lifestyles including:

- Physical activity
- Nutrition and healthy eating
- Preventive screenings
- Making healthy choices/avoiding risky behaviors

Sample Activities:

- Walking programs for the neighborhood or workplace.

- School lunch programs that include locally grown and seasonal fruits and vegetables.
- Encouraging people to get checked for skin cancer.

Funds: \$2,000 and up to \$5,000

Project Period: June 29, 2007 – June 30, 2008

Eligibility: Not-for-profit, community-based organizations including faith-based groups, after school programs, coalitions and others.

For questions about the project or the proposal instructions, contact:

Email: answers@jsi.com

Telephone: 1-866-224-3815

Download proposal instructions for full details, requirements, forms, and how to submit your proposal:

- [Microsoft Word document - 168 kb](#)
- HTML version
 - [Timeline](#)
 - [Proposal Instructions and Forms](#)